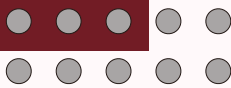


YES WE CAN FOUNDATION



2023



PLAYOFFS!!

It has been an up and down year for the 2023 GFC Football team. Ending the regular season with a 5-4 record, we head into the playoffs drawing a first round matchup against the Fargo South Bruins. Some of the highlights of our season include winning the Cushman Classic, a shutout victory over a ranked Valley City Squad, and always finding a way to battle for four quarters. This team has found a way to answer the call in the face of adversity time and time again. Heading into the playoffs, we feel like we are playing our best football and will make our school proud!



2023 Regular Season

Date	Opponent	Result	Score
8/18	at Watford City	W	30-6
8/25	at Fargo North	L	7-48
9/1	Fargo South	L	0-34
9/8	Jamestown	L	21-35
9/15	at Red River	W	30-18
9/22	BYE WEEK		
9/29	at WF Horace	L	15-22
10/6	Wahpeton	W	41-21
10/13	at Valley City	W	22-0
10/19	Devils Lake	W	30-28





2023

HOW THE FOUNDATION HAS HELPED THE 2023 TEAM

- Donated a 40' Zone Chute
- Donated a 5-man MOD sled
- Donated \$1,000 for team to attend the UND Football team camp
- Awarded three \$500 scholarships to 2023 football graduates
- Donated Protein shakes to the summer strength training program
- Held a fundraising golf tournament
- Held a free will offering meal before the Sept. 8 th game vs. Jamestown
- Donated \$1,250 to help take care of meals after road games

This has all been accomplished in 8.5 short months. Thanks to everyone for the support



A Message from OL Coach Joe Drumm

Thanks to the YES WE CAN foundation, GFC football was able to utilize a jam tent for the 2023-24 season. This has been incredibly useful and has had a direct, tangible effect on our program this year.

Looking on film for any of our games, you'll notice what I did at the beginning of the year: we're undersized. We have been from week 1, and we will continue to be in the postseason. This can (and frankly often is) a barrier to the success of football teams. Looking at this year from the onset, I was worried about how we would be able to overcome this particular challenge. We knew going into the season we wanted to be able to develop and hone our run game, but we also knew we would be challenged as a program to do so.

The jam tent your foundation purchased this year alleviated those worries. With the 40 foot tent, we were able to run drills that were meaningful and specific to our run style; it allows us to run at angles and practice things like drive blocking in a way we wouldn't be able to without the jam tent. It forces our linemen to move at specific levels and with specific angles that have benefited our run game. It allowed us to specifically target pad level and reinforce the importance of level of contact with blocking at every level of the football field. The results have been incredible this year, and I'm excited for what next year will bring.

Thank you for the support the foundation has given this year. Without the Yes We Can foundation, there is no way we would have been able to afford this tool and, subsequently, we likely wouldn't have had the success we've seen.

I appreciate everything the Yes We Can foundation has done, and I look forward to working with the foundation every year going forward.



2023

A NOTE FROM THE PRESIDENT

What a fast but fantastic season it has been to this point. What's fantastic about a 5-4 record, well it's the first winning regular season since 2007. After a long drought, the Knights under Coach Schauer's leadership are heading to the playoffs for the SECOND season in a row. As a teacher at Central, to see and feel the excitement when it comes to the football team is so positive for the entire school. The freshmen and JV teams also had good seasons this fall. You will read from offensive line coach Joe Drumm how the foundation has made an impact on the 2023 season. There are still many needs that the team has. A few years ago, squirrels got into the old shed that the team was using and just about every bag was torn open. This year the team has been using the GF Youth football equipment because their equipment is in such bad condition. There are also other needs for the team so if you haven't donated to the foundation, please feel free to help out. If you have already made a donation, THANK YOU and know that your donation is already making a difference for OUR program. For those that have not yet made a donation, your support would be greatly appreciated.

Quick Party Highlight Videos

Thank you to **Gabe Randall** for all of his work on making our highlight videos for each quick party. Videos can be found on YouTube and search GFC Video Production or click on the link below.

[GFC vs Red River](#)

[GFC vs Jamestown](#)

[GFC vs Fargo South](#)

[GFC vs Fargo North](#)

[GFC vs Wahpeton](#)

[GFC vs Devils Lake](#)

GFC Football Pictures

Another special Thank you to **Lael Schmidt** for continuing to take pictures for Central Football! Lael has been taking picture for us since 2008! Click on the link below to see his pictures from this season.

[Link to Pictures](#)

DONATE TODAY!

Do you want to help and support Grand Forks Central Football? The Yes We Can Foundation will be covering the cost of the Post-Game Meal for players after this playoff game. Please consider donating through Venmo or by signing up on our website. Use the information below to support your Knights!



[Click here to donate on our website](#)

